

Colorado CTE Course – Scope and Sequence

Course Name	Child and Adolescent Development		Course Details	Resume, cover letter	
			Course = 0.50 Carnegie Unit Credit	Professional portfolio	
Course Description	The purpose of this course is to acquire knowledge and understanding of child and adolescent development necessary for strengthening the well-being of children and families. Content focuses on perspectives of human development, research and theories, understanding and nurturing development, and challenges to development.				
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #		Schedule calculation based on 60 calendar days of a 90-day semester. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills . The technical standards for Family and Consumer Sciences are found on the National Administrators for Family and Consumer Sciences website at LEADFCS NATIONAL STANDARDS					
Instructional Unit Topic	Suggested Length of Instruction	CTE or Academic Standard Alignment	Competency / Performance Indicator	Outcome / Measurement	CTSO Integration

Unit 1: Perspectives on Human Development	(45 minute class periods)	LEADFCS 15.1 Analyze roles and responsibilities of parenting LEADFCS 15.4 Analyze physical and emotional factors related to beginning the parenting process	15.1.2 Analyze expectations and responsibilities of parenting 15.1.3 Analyze influences of parenting practices on individuals, families and society 15.1.4 Analyze societal conditions that influence parenting across the life span 15.1.5 Explain cultural differences and similarities in roles and responsibilities of parenting 15.4.4 Analyze legal and ethical impacts for current and emerging technology on fertility and family planning	Are You Ready to Be a Parent Survey Comparing Parenting to Other Careers Parenting Styles Project Ready Or Not Infant Simulator	
Unit 2: Research and Theories in Human Development	(45 minute class periods)	LEADFCS 12.1 Analyze principles of human growth and development across the lifespan LEADFCS 15.2 Evaluate parenting practices that maximize human growth and development	12.1.3 Analyze current emerging research about human growth and development including but not limited to brain development research 15.2.3 Assess common practices and emerging research about influences of discipline on human growth and development	Laws of Development QR Code Scans PIES Development Notes/Activities for each age group Supernanny Episodes	

Unit 3: Understanding Development	(45 minute class periods)	LEADFCS 12.1 Analyze principles of human growth and development across the lifespan LEADFCS 15.4 Analyze physical and emotional factors related to beginning the parenting process	12.1.1 Analyze physical, emotional, social, moral and cognitive development 12.1.2 Analyze interrelationships among physical, emotional, social, moral, and cognitive aspects of human growth and development. 15.4.1 Analyze the biological processes related to prenatal development, birth and health of child and mother 15.4.2 Analyze social, emotional, and environmental factors of prenatal development and birth in relation to the health of parents and child	Reproduction Escape Challenge Pregnancy/Prenatal Health Stations Prenatal Health Mastery Doc Pregnancy Towers Labor and Delivery Flipbook Birth Experience Interview	FCCLA Focus on Children
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Unit 4: Nurturing Development	10 Classes (45 minute class periods)	LEADFCS 12.3 Analyze strategies that promote growth and development across the lifespan LEADFCS 15.2 Evaluate parenting practices that maximize human growth and development	12.3.1 Analyze the role of nurturance on human growth and development 12.3.2 Analyze the role of communication on human growth and development 12.3.3 Analyze the role of educational and family and social services support systems and resources in meeting human growth and development needs 15.2.5 Apply criteria for selecting care and services for children and youth	Birth Defects Flyer Infant Bonding Infant, Toddler, and Preschool Play Days/Stations Infant, Toddler, and Preschool Lesson Plans and Observation Days Literacy Day - Make your own children's book	FCCLA Teach and Train
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Unit 5: Challenges to Development	(45 minute class periods)	LEADFCS 12.2 Analyze conditions that influence human growth and development LEADFCS 15.2 Evaluate parenting practices that maximize human growth and development	12.2.1 Analyze the influences of heredity and environment on human growth and development 12.2.2 Analyze the influences of social, economic, and technological forces on individual growth and development 12.2.3 Analyze the influences of gender, ethnicity and culture on individual development 12.2.4 Analyze the influences of life events on individual's physical, emotional, social, moral and cognitive development 12.2.5 Analyze geographic, political, and global influences on human growth and development 15.2.4 Analyze the effects of abuse and neglect on children and families and determine methods for prevention 15.2.5 Apply criteria for selecting care and services for children and youth	Nature vs. Nurture Bingo Screen Time and Children lesson/lesson plan Babies Movie Assessment Discipline vs. Abuse = Matilda or Supernanny	FCCLA Digital Stories for Change
TOTAL	65 Class Periods (45				

	minutes of Instruction Each Class Period; per CTE Redesign requirements)				
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Academic Standards Alignment

Colorado CTE courses are required to integrate academic and essential skills into course content. The following academic standards have been identified as aligned to this course and should be integrated throughout instruction.

[CO CTE Academic Standards Resources](#) (Rubrics, integration strategies, etc)

[CDE Colorado Academic Standards Online](#) (Online standards lookup tool)

Reading, Writing, & Communicating

Standard 1: Oral Expression and Listening

- **Prepared Graduate 1:** Collaborate effectively as group members or leaders who listen actively and respectfully; pose thoughtful questions, acknowledge the ideas of others; and contribute ideas to further the group's attainment of an objective.
- **Prepared Graduate 2:** Deliver effective oral presentations for varied audiences and varied purposes.

Standard 2: Reading for All Purposes

- **Prepared Graduate 4:** Read a wide range of informational texts to build knowledge and to better understand the human experience.
- **Prepared Graduate 5:** Understand how language functions in different contexts, command a variety of word-learning strategies to assist comprehension, and make effective choices for meaning or style when writing and speaking.

Standard 3: Writing and Composition

- **Prepared Graduate 9:** Demonstrate mastery of their own writing process with clear, coherent, and error-free polished products.

Standard 4: Research Inquiry and Design

- **Prepared Graduate 10:** Gather information from a variety of sources; analyze and evaluate its quality and relevance; and use it ethically to answer complex questions.

Note: Mathematics and Science standards will be added in the future. Visit the [Colorado Academic Standards](#) page for the most current version.