

## Colorado CTE Course – Scope and Sequence

<b>Course Name</b>	<b>Self-determination in Daily Living III -</b>		<b>Course Details</b>	<b>1 semester</b>	
			Course = 0.50 Carnegie Unit Credit	The intensity and duration of student support should be scaffolded and faded as students progress through levels *denotes priority unit	
<b>Course Description</b>	This advanced course builds upon the foundational and intermediate skills developed in Self-determination I and II, focusing on the practical application and integration of self-determination skills in real-world contexts. Students will synthesize their understanding of self-awareness, self-advocacy, and social responsibility to develop sophisticated decision-making capabilities and leadership skills. Emphasis is placed on career readiness, community engagement, and the transition to independent living.				
<b>Note:</b>	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #		Schedule calculation based on 45 calendar days of a 90-day semester. Scope and sequence allow additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills in the course content. The Essential Skills Framework for this course can be found at <a href="https://www.cde.state.co.us/standardsandinstruction/essentialskills">https://www.cde.state.co.us/standardsandinstruction/essentialskills</a> <b>2021 Version of PWR/Essential Skills</b>					
<b>Instructional Unit Topic</b> <small>*extraordinary curriculum resource: <a href="#">MBA Research - Course Package: Middle School Career Exploration (Download) #BB-CG12-34 (mbashop.org)</a></small>	<b>Suggested Length of Instruction</b>  <b>1 Semester</b>	<b>CTE or Academic Standard Alignment</b> <i>Standard alignment is to be added at local discretion</i>	<b>Competency / Performance Indicator</b>	<b>Outcome / Measurement</b>	<b>CTSO/PWR (essential) Skills/ICAP* Integration</b> <small>*<a href="#">MS ICAP Quality Indicators</a></small>
<b>Career and Life Planning</b>		<ul style="list-style-type: none"> <li>Self-awareness: advanced understanding of personal strengths, values, and career aspirations</li> <li>Self-management: long-term planning</li> </ul>	Students will develop comprehensive career and life plans that align with their values, skills, and interests. They will learn to navigate post-secondary options, create detailed action plans, and	By the end of the unit, students will have created a detailed five-year plan incorporating educational, career, and personal goals, complete with specific action steps and milestone markers.	Self-Awareness & Employability Skills

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		and goal implementation	understand financial literacy basics for independent living.		
<b>Community Engagement and Leadership</b>		<ul style="list-style-type: none"> <li>• Social awareness: understanding community needs and civic responsibility</li> <li>• Relationship skills: advanced leadership and collaboration abilities</li> </ul>	Students will design and implement community service projects, demonstrating leadership skills and understanding of community impact. This unit emphasizes the practical application of leadership skills in real-world settings.	Students will successfully plan, execute, and evaluate a community service project, demonstrating project management skills and measuring community impact.	Self-Awareness & Employability Skills  (SC)2
<b>Independent Living Skills</b>		<ul style="list-style-type: none"> <li>• Responsible decision-making: practical life skills and resource management</li> <li>• Self-management: personal finance and household management</li> </ul>	Students will develop practical skills for independent living, including budgeting, time management, essential home maintenance, and personal wellness planning.	Students will create comprehensive personal management systems for finances, time, and resources, demonstrating the ability to make informed decisions about daily living.	Self-Awareness & Employability Skills  (SC)2

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<b>Professional Communication and Networking</b>		<ul style="list-style-type: none"> <li>Relationship skills: professional relationship building</li> <li>Social awareness: workplace culture and expectations</li> </ul>	Students will master professional communication skills, including interview techniques, networking strategies, and digital professional presence management.	Students will build a professional portfolio, including a resume, cover letter, and experienced social media presence, while demonstrating effective networking and interview skills.	Self-Awareness & Employability Skills  (SC)2
<b>Problem-Solving and Crisis Management</b>		<ul style="list-style-type: none"> <li>Self-management: stress management and resilience</li> <li>Responsible decision-making: complex problem-solving</li> </ul>	Students will develop advanced problem-solving strategies for personal and professional challenges, including crisis management and conflict resolution in various contexts.	Students will demonstrate the ability to analyze complex situations, develop multiple solution strategies, and implement effective resolutions while maintaining emotional regulation.	Self-Awareness & Employability Skills  (SC)2
<b>Transition Planning and Self-Advocacy</b>		<ul style="list-style-type: none"> <li>Self-awareness: understanding support needs and rights</li> </ul>	Students will create comprehensive transition plans for post-secondary life, incorporating self-advocacy strategies and	Students will develop detailed transition plans that include educational, vocational, and personal goals and specific	Self-Awareness & Employability Skills  (SC)2

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		<ul style="list-style-type: none"> <li>Self-management: transition planning and implementation</li> </ul>	support network development.	strategies for self-advocacy in various settings.	