

Colorado Outdoor Recreational Leadership Course Scope and Sequence

Course Name	Wilderness Survival Skills		Course Details	Level 3 course in the Outdoor Recreational Leadership Pathway.	
			Course = 0.50 Carnegie Unit Credit		
Course Description	This course emphasizes the physiological, psychological, and practical principles of survival. Survival equipment, wilderness improvising techniques, and wilderness dangers are included.				
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #		Schedule calculation based on 60% of a semester instructional time. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills					
Unit Number, Title and Brief Description	CTE or Academic Standard Alignment	Competency / Performance Indicator	Outcome / Measurement	CTSO Integration	
Unit 1: Wilderness Preparation	Physical Conditioning	Employ physical conditioning.			
	A Master Plan	Review and determine safety conditions.			
Unit 2: Wilderness gear, clothing, food, and shelter	Equipment	Compare and select proper apparel, footwear, and sleeping gear.			
	Clothing				
	Food and cooking	Understand Food and cooking for wilderness travel.			
	Wilderness Shelters	Demonstrate how to construct a wilderness shelter.			
Unit 3: Navigation, weather, and travel		Review various tools of navigation.			
		Understand wilderness weather and travel.			
Unit 4: Wilderness First aid and safety	First aid	Employ wilderness first aid and safety.			
Unit 5: Wilderness Ethics and survival	Principles of the wilderness survival	Discuss the basic principles of the wilderness survival.			

