

Colorado Outdoor Recreational Leadership Course Scope and Sequence

Course Name	Backpacking		Course Details	Level 2 course in the Outdoor Recreational Leadership Pathway.	
			Course = 0.50 Carnegie Unit Credit		
Course Description	The course provides skills related to wilderness travel and outdoor adventure. Emphasizes knowledge of backpacking skills, survival techniques, proper physical conditioning, route finding, equipment selection, and an understanding and respect for the environment. The course incorporates lecture and discussion sessions followed by a weekend trip in the mountains.				
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #		Schedule calculation based on 60% of a semester instructional time. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills					
Unit Number, Title and Brief Description	CTE or Academic Standard Alignment	Competency / Performance Indicator	Outcome / Measurement	CTSO Integration	
Unit 1: Introduction to backpackings	Preparations	Employ proper preparation for backpacking.			
Unit 2: The backpack	Types of backpacks	Identify the different types and sizes of pack and how to correctly fit packs.			
	Organizing the pack	Review how to organize the pack suitable to the length for the trip.			
Unit 3: Choosing a campsite	Selecting a campsite	Discuss how to wisely select a campsite.			
	Making camp				
Unit 4: Food and eating practices	Operate a camp stove	Employ proper sanitation practice and courtesy to others in the campsite.			
	Minimize fire damage				
	Disposal of garbage	Demonstrate correctly choosing and organizing a kitchen.			
	Handling water in the backcountry				
	Storage of food				

