

Colorado CTE Course – Scope and Sequence

Course Name	Self-determination in daily living II		Course Details	1 semester The intensity and duration of student support should be scaffolded and faded as students progress through levels *denotes priority unit	
			Course = 0.50 Carnegie Unit Credit		
Course Description	Throughout this course, learners will engage in additional immersive learning experiences designed to cultivate the principles of self-reliance and individual accountability. Learners will develop skills in self-discipline and self-regulation while developing a heightened sense of empathy towards others. The course emphasizes the importance of mastering Self-Advocacy techniques, Person Centered Planning, Self-Responsibility, and fostering relationships characterized by positivity, respect, and mutual support among peers.				
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #		Schedule calculation based on 45 calendar days of a 90-day semester. Scope and sequence allow additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills 2021 Version of PWR/Essential Skills					
Instructional Unit Topic <small>*cool curriculum resource: MBA Research - Course Package: Middle School Career Exploration (Download) #BB-CG12-34 (mbashop.org)</small>	Suggested Length of Instruction 1 Semester	CTE or Academic Standard Alignment <i>Standard alignment to be added at local discretion</i>	Competency / Performance Indicator	Outcome / Measurement	CTSO/PWR (essential) Skills/ICAP* Integration <small>*MS ICAP Quality Indicators</small>
Self-Advocacy		Exhibit the capacity for self-advocacy, informed decision making, and proactive involvement in the directions of one's life.	The ability to effectively communicate personal interests, desires, needs, and rights, and take action to request and/or acquire them.	Developing advocacy skills in students is essential for their achievement in academics, professional careers, and civic involvement, leading to empowered individuals who can effectively navigate and influence their environments.	Self-Awareness & Employability Skills

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Person Centered Planning		Students will be empowered to take control of their lives and experience the benefits of a structured support system in their personal and academic careers. Through learning to balance school, work and personal lives by incorporating time blocking techniques, prioritizing tasks, and creating a schedule	An educational approach tailored to the unique needs and interests of students and their families, offering a range of strategies and activities to enable informed decision making. Using a strengths based approach and including choice and autonomy, this technique puts the learner's preferences at the forefront of teaching and support.	Students will develop a set of strategies designed to enable students to organize their lives and offer the essential assistance that they need.	Self-Awareness & Employability Skills (SC)2
Youth Leadership Activities		Develop a pathway to promote positive leadership development by empowering students to contribute to their own growth and prepare them to be active and influence members of society. It emphasizes skill-building and resilience.	Enhanced self-efficacy along with the cultivation of skills that are essential for success in adulthood and educational environments, including effective decision making and the ability to collaborate harmoniously with peers.	Students are presented with opportunities and experiences that facilitate the acquisition of skills and knowledge to analyze their own strengths and weaknesses, establish personal and vocational goals, and cultivate self-esteem, confidence, motivation, and gain the abilities to accomplish these goals.	Self-Awareness & Employability Skills (SC)2

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Participation in Student Organizations		Enhancing team dynamics, refining conflict resolution strategies, and managing collaborative projects with expertise	Effectively collaborating with team members from various backgrounds to: identify the organizations objectives, recognize each members role and responsibility, actively contribute to the team's success, and ensuring that every team member feels included and valued.	Participation in student-centered extracurricular clubs and programs help to enhance the diverse interests and preferences of the students.	Self-Awareness & Employability Skills (SC)2
Self- Responsibility		Assess the pros and cons of personal decisions based on their anticipated impact on self and others	Students will begin to explore and develop a future vision of themselves within the workforce.	Offers many activities to develop higher order thinking and problem-solving skills, such as critical reflection and analysis, (active learning)	Self-Awareness & Employability Skills
Social Responsibility		Demonstrate social maturity and behaviors appropriate to the situation and environment	Students will be able to explain the influence of culture and stereotypes on career options and barriers and explain how these things impact their career choices.	Course offers multiple opportunities for student-to student interaction and constructive collaboration, a sense of class community, supports open communication, and establishes trust among peers	Self-Awareness & Employability Skills