

## Colorado CTE Course – Scope and Sequence

Course Name	Child and Adolescent Development		Course Details	Resume, cover letter Professional portfolio		
			Course = 0.50 Carnegie Unit Credit			
<b>Course Description</b>	The purpose of this course is to acquire knowledge and understanding of child and adolescent development necessary for strengthening the well-being of children and families. Content focuses on perspectives of human development, research and theories, understanding and nurturing development, and challenges to development.					
<b>Note:</b>	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.					
SCED Identification #		Schedule calculation based on 60 calendar days of a 90-day semester. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.				
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at <a href="https://www.cde.state.co.us/standardsandinstruction/essentialskills">https://www.cde.state.co.us/standardsandinstruction/essentialskills</a> . The technical standards for Family and Consumer Sciences are found on the National Administrators for Family and Consumer Sciences website at <a href="http://www.nasafacs.org/national-standards-and-competencies.html">http://www.nasafacs.org/national-standards-and-competencies.html</a>						
Instructional Unit Topic	Suggested Length of Instruction	CTE or Academic Standard Alignment	Competency / Performance Indicator	Outcome / Measurement	CTSO Integration	

<p>Unit 1: Perspectives on Human Development</p>	<p>(45 minute class periods)</p>	<p>NASAFACS 15.1 Analyze roles and responsibilities of parenting</p> <p>NASAFACS 15.4 Analyze physical and emotional factors related to beginning the parenting process</p>	<p>15.1.2 Analyze expectations and responsibilities of parenting</p> <p>15.1.3 Analyze influences of parenting practices on individuals, families and society</p> <p>15.1.4 Analyze societal conditions that influence parenting across the life span</p> <p>15.1.5 Explain cultural differences and similarities in roles and responsibilities of parenting</p> <p>15.4.4 Analyze legal and ethical impacts for current and emerging technology on fertility and family planning</p>	<p>Are You Ready to Be a Parent Survey</p> <p>Comparing Parenting to Other Careers</p> <p>Parenting Styles Project</p> <p>Ready Or Not Infant Simulator</p>	
<p>Unit 2: Research and Theories in Human Development</p>	<p>(45 minute class periods)</p>	<p>NASAFACS 12.1 Analyze principles of human growth and development across the lifespan</p> <p>NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development</p>	<p>12.1.3 Analyze current emerging research about human growth and development including but not limited to brain development research</p> <p>15.2.3 Assess common practices and emerging research about influences of discipline on human growth and development</p>	<p>Laws of Development QR Code Scans</p> <p>PIES Development Notes/Activities for each age group</p> <p>Supernanny Episodes</p>	

<p>Unit 3: Understanding Development</p>	<p>(45 minute class periods)</p>	<p>NASAFACS 12.1 Analyze principles of human growth and development across the lifespan</p> <p>NASAFACS 15.4 Analyze physical and emotional factors related to beginning the parenting process</p>	<p>12.1.1 Analyze physical, emotional, social, moral and cognitive development 12.1.2 Analyze interrelationships among physical, emotional, social, moral, and cognitive aspects of human growth and development. 15.4.1 Analyze the biological processes related to prenatal development, birth and health of child and mother 15.4.2 Analyze social, emotional, and environmental factors of prenatal development and birth in relation to the health of parents and child</p>	<p>Reproduction Escape Challenge</p> <p>Pregnancy/Prenatal Health Stations</p> <p>Prenatal Health Mastery Doc</p> <p>Pregnancy Towers</p> <p>Labor and Delivery Flipbook</p> <p>Birth Experience Interview</p>	<p>FCCLA Focus on Children</p>
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<p>Unit 4: Nurturing Development</p>	<p>10 Classes (45 minute class periods)</p>	<p>NASAFACS 12.3 Analyze strategies that promote growth and development across the lifespan</p> <p>NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development</p>	<p>12.3.1 Analyze the role of nurturance on human growth and development</p> <p>12.3.2 Analyze the role of communication on human growth and development</p> <p>12.3.3 Analyze the role of educational and family and social services support systems and resources in meeting human growth and development needs</p> <p>15.2.5 Apply criteria for selecting care and services for children and youth</p>	<p>Birth Defects Flyer</p> <p>Infant Bonding</p> <p>Infant, Toddler, and Preschool Play Days/Stations</p> <p>Infant, Toddler, and Preschool Lesson Plans and Observation Days</p> <p>Literacy Day - Make your own children's book</p>	<p>FCCLA Teach and Train</p>
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<p>Unit 5: Challenges to Development</p>	<p>(45 minute class periods)</p>	<p>NASAFACS 12.2 Analyze conditions that influence human growth and development</p> <p>NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development</p>	<p>12.2.1 Analyze the influences of heredity and environment on human growth and development</p> <p>12.2.2 Analyze the influences of social, economic, and technological forces on individual growth and development</p> <p>12.2.3 Analyze the influences of gender, ethnicity and culture on individual development</p> <p>12.2.4 Analyze the influences of life events on individual's physical, emotional, social, moral and cognitive development</p> <p>12.2.5 Analyze geographic, political, and global influences on human growth and development</p> <p>15.2.4 Analyze the effects of abuse and neglect on children and families and determine methods for prevention</p> <p>15.2.5 Apply criteria for selecting care and services for children and youth</p>	<p>Nature vs. Nurture Bingo</p> <p>Screen Time and Children lesson/lesson plan</p> <p>Babies Movie Assessment</p> <p>Discipline vs. Abuse = Matilda or Supernanny</p>	<p>FCCLA Digital Stories for Change</p>
<p><b>TOTAL</b></p>	<p>65 Class Periods (45</p>				

